



J O A N I G E L I N A S P H Y S I C A L T H E R A P Y S E R V I C E S

5044 38th Avenue NE ▪ Seattle Washington 98105 ▪ 206 528 5692

Joani Gelinas PT Policies

Sessions typically last 50-75 minutes. Session length depends on your insurance coverage. We will discuss this on your first session. If you are paying privately you may schedule a 60 or 75 minute session. Included in your session time, along with your treatment, is scheduling, session documentation, and written exercise/movement lessons.

Please try to arrive 5 minutes before your scheduled appointment time. You may let yourself in and do whatever is necessary to be ready for your treatment. This will allow you to take full advantage of the time you have scheduled with me.

I have a 48 hour cancellation policy. You may call my phone number at any hour (206.528.5692) You may also email me @ joanigelinas@comcast.net.

You will be charged \$75.00 for appointments not canceled within 48 hours.. Insurance will not cover this charge.

Please know that I am sometimes booked for 4-6 weeks in advance, so it is best if you schedule ahead and continue to do so as the weeks pass. I will probably not remember each clients schedule, so please keep track of your own schedule and remind me, preferable at the beginning of the session, if we need to schedule. Please bring your calendars to your sessions.

Please do not come to your appointment if you are coming down with an illness or if you are currently sick and/or not fully recovered. The 48 hour cancellation policy does not apply if you are ill, but **please** let me know as soon as possible so I may attempt to fill your session time.

Thank you in advance for your awareness of these policies. Knowing these details in advance will allow us to focus the attention in your sessions on your healing and wellness